**Guideline 10**

**Useful External Support Contact List**

**Child Protection in Sport Unit (CPSU**) - is to give advice and support to all volunteers in sport clubs. The CPSU was founded in 2001 to work with UK Sports Councils, National Governing Bodies of Sport (NGB’s) County Sport Partnerships (CSP’s) and other organisations to help minimise the risk of child abuse during sporting activities.

CPSU is based at the NSPCC National Training Centre, 3 Gilmour Close, Beaumont Leys, Leicester, LE4 1EZ

**Telephone:** 0116 234 7278 **Email:** [cpsu@nspcc.org.uk](mailto:cpsu@nspcc.org.uk) **Website:** [www.thecpsu.org.uk](http://www.thecpsu.org.uk)

All clubs should ensure they have local contact details for reference. These should include local police station contact details, details of the local Community Support Officer and a number for the local Social Services.

**THE FOLLOWING ARE A SELECTION OF EXTERNAL AGENCIES THAT CAN PROVIDE SPECIALISED SUPPORT ACROSS A RANGE OF AREAS:**

**Ann Craft Trust**

The Ann Craft Trust works with staff in the statutory, independent and voluntary sectors to protect people with learning disabilities who may be at risk from abuse. They also provide advice and information to parents and carers who may have concerns about someone that they are supporting.

[www.anncrafttrust.org](http://www.anncrafttrust.org) • Tel: 0115 951 5400

**ASSIST**

ASSIST is a registered charity dedicated to offering confidential, emotional and practical support to individuals and families affected by trauma. http:/assisttraumacare.org.uk/

Tel: 01788 560 800 (Helpline)

**Breaking Free**

An organisation that provides, support to female adults who have experienced childhood sexual abuse.

[www.breakingfreesupport.co.uk/](http://www.breakingfreesupport.co.uk/) 01793 514339 (Helpline)

**CHILDLINE**

A free 24-hour helpline for children

[www.childline.org.uk](http://www.childline.org.uk) • Tel: 0800 1111

**Citizens Advice Bureau**

The Citizens Advice service helps people resolve their legal, money and other problems by providing free information and advice from over 3,000 locations across England, Wales and Northern Ireland. See the website for details of local offices.

[www.citizensadvice.org.uk/](http://www.citizensadvice.org.uk/) • Tel: 03444 111 444

**Bullying**

The Government has provided information to show pupils, their families and teachers how to tackle bullying.

<https://www.gov.uk/government/publications/preventing-and-tackling-bullying>

**Family Rights Group**

Provides advice and support to families whose children are involved with social services and develops and promotes services that help secure the best possible future for children and families.

[www.frg.org.uk](http://www.frg.org.uk) • Tel: 0808 801 0366 (Helpline)

**Kidscape**

Kidscape provides individuals and organisations with practical skills and resources necessary to keep children safe from harm. Kidscape was established to prevent bullying and child sexual abuse.

[www.kidscape.org.uk](http://www.kidscape.org.uk) • Tel: 020 7823 5430 (Helpline for use by adults concerned about a child being bullied Mon-Tues, 10am-5pm)

**Lantern Project**

This charity provides information and support services for adult victims of child sexual abuse in Merseyside and the surrounding region

[www.lanternproject.org.uk/](http://www.lanternproject.org.uk/) • Tel: 0151 606 4810

**NAPAC (National Association for People Abused in Childhood)**

NAPAC is a registered charity, which provides support and information for people abused in childhood.

<http://napac.org.uk> • Tel: 0800 801 0331

**NSPCC Helpline**

The NSPCC Child Protection Helpline is a free, national, 24-hour service, which provides counselling, information and advice to anyone, including children, concerned about a child at risk.

[www.nspcc.org.uk](http://www.nspcc.org.uk) • Tel: 0808 800 5000

**Rape Crisis England and Wales**

The website provides information for survivors of sexual violence and their friends and family to access the services they need and details of local rape crisis centres.

<https://rapecrisis.org.uk/get-help/find-a-rape-crisis-centre>

**Samaritans**

Provides confidential & emotional support 24 hours a day for people who are experiencing feelings of distress or despair including those that may lead to suicide.

[www.samaritans.org.uk](http://www.samaritans.org.uk) • Tel: 116 123

**Stop It Now**

Stop it Now! UK & Ireland is developing a public health approach to the prevention of child sexual abuse through a network of local projects and national initiatives. It provides adults with the information they need to recognise worrying behaviour in themselves or others, and with the confidence to take responsible action when they suspect that something is wrong.

[www.stopitnow.org.uk](http://www.stopitnow.org.uk) • Tel: 0808 1000 900

**Survivors**

This agency provides information, support and counselling for men who have been raped or sexually abused.

[www.survivorsuk.org](http://www.survivorsuk.org) • Tel: 0845 122 1201

**Local Safeguarding Children Boards**

Local Safeguarding Children Boards (LSCBs) were established by the Children Act 2004 which gives a statutory responsibility to each locality to have this mechanism in place.

LSCBs are responsible for local arrangements for protecting children and young people. They provide inter-agency guidelines for child protection. - See Guideline 8.

**Local Authority Designated Officer (LADO)**

Within the Local Safeguarding Children Board there will be a Local Authority Designated Officer (LADO)?

The role of the Designated Officer works within Children’s Services and should be alerted to all cases in which it is alleged that a person who works with children has:

* behaved in a way that has harmed, or may have harmed, a child.
* possibly committed a criminal offence against children, or related to a child.

behaved towards a child or children in a way that indicates s/he is unsuitable to work with children.